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CREATE A SAFE SPACE: AN INSPIRATIONAL GUIDEBOOK FOR YOGA TEACHERS WHO WANT TO FURTHER SERVE THEIR STUDENTS



Createspace, United States, 2012. Paperback. Book Condition: New. 198 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. This valuable guidebook is intended for yoga teachers. The author is an experienced yoga educator (E-RYT 500). He ran his own yoga studio for five years, has taught well over 6000 yoga classes, and trained 80 yoga teachers. The guidebook is practical and explains how yoga teachers can create a safe space for their students and how both...

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- Authored by Gudjon Bergmann
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