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## What Al Left Behind

By Daphne Simpkins

Quotidian Books, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.There is a surprising and very freeing future for caregivers after Alzheimer's disease runs its course and leaves the building where you have been trying to make a home. The house will never be the same. Your heart will never feel the same. But in spite of its bad reputation, living with Al isn't all about heartbreak. It is about change for Al refocuses the way you see yourself, your home, the people around you and the way you wake up to your day and envision your future--and some of those changes are quite liberating. This book is a preview of the surprising good gifts Al leaves behind. WHAT AL LEFT BEHIND is a follow-up to Daphne Simpkins touching memoir A LONG GOOD NIGHT: My Father's Journey into Alzheimer's (Eerdmans).



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### Reviews

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