



Craniosacral Therapy and the Energetic Body: An Overview of Craniosacral Biodynamics

By Roger Gilchrist

North Atlantic Books, U.S., United States, 2006. Paperback. Book Condition: New. annotated edition. 226 x 152 mm. Language: English . Brand New Book. This useful book discusses craniosacral therapy's history and present situation as well as its spiritual implications and practical contributions in the world of healthcare. Gilchrist demonstrates how the subtle patterns of this practice become a dynamic force in the body, and how this influences overall functioning. What most sets the book apart is Gilchrist's discussion of the relationship of the craniosacral system and biodynamic functions to the human energy system. Though dealing with a complicated topic, the book provides a grounded, progressive approach that is both specific and insightful.

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